

AMERICAN Ascorcan SF 500 Tablets



Vitamin C Chewable Tablets 500 mg

Composition :

Each Uncoated Chewable Tablet Contains :

Ascorbic Acid I.P.	100 mg
Sodium Ascorbate I.P.	450 mg
eq. to Ascorbic Acid I.P.	400 mg
Excipients	q.s.

Colour : Sunset Yellow FCF

PHARMACEUTICAL FORM: Oral Chewable Tablets.

PHARMACOLOGICAL CATEGORY: Vitamin C supplement.

INDICATIONS:

Treatment of Common cold, Nutritional deficiency characterised as scurvy, in the treatment of anemia, cartilage and bone lesions, slow healing of wounds. Helps to maintain the body immunity, burns, stomach ulcers and gum ulcers.

CONTRA-INDICATIONS:

Vitamin C is contraindicated in blood disorders like thalassemia, G6PD deficiency, sickle cell disease, and hemochromatosis. Avoid taking Vitamin C immediately before or following angioplasty. Diabetic patients should take vitamin C tablets with care as it raises blood sugar levels.

DRUG INTERACTIONS:

Other medicines and Ascorbic Acid Tablets
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.
This is particularly important if you are taking any of the following:
Amphetamines, Contraceptives, Aspirin, Iron-containing medicines, Antacids, Amygdalin (Vitamin B17) - can cause cyanide toxicity.
Ascorbic Acid Tablets should not be taken for the first month after starting desferrioxamine treatment.
If you need to have a blood or urine test you should tell the doctor or nurse you are taking these tablets as they may interfere with the results.

WARNINGS AND PRECAUTIONS:

Talk to your doctor or pharmacist before taking Ascorbic Acid Tablets: If you are to undergo any blood or urine tests as ascorbic acid can interfere with some blood and urine tests.
If you are a regular smoker.
If you have kidney failure as ascorbic acid enhances aluminium absorption (present in antacids) which may reach toxic levels.

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

High doses can cause excessive urination, diarrhea, other gastrointestinal disorders - intestinal, and kidney stones of calcium oxalate. Acidification of the urine by ascorbic acid can cause cysteine precipitation or oxalate stones in the urinary tract and will change excretion of certain drugs administered concomitantly.
Very large dose of vitamin C, so it should be avoided in patients with a tendency to drop. This can induce intolerance in patients taking high doses. The ascorbic acid in doses greater than 1 gm per day should not be taken during pregnancy, since the effects of large dosage rises the fetus and dissonant and can cause rebound scurvy in infants.

DOSAGE:

Adults: one tablet to take two to three times a day.
Children: half a tablet twice daily.
Or as directed by the physician.

ROUTES AND METHOD OF ADMINISTRATION: For oral use.
The tablet should be chewed before swallowing.

PREGNANCY AND BREAST-FEEDING:

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.
If you want to breast-feed your baby you should talk to your doctor first before taking these tablets.
Driving and using machines
This medicine should not affect your ability to drive or operate machinery. However, if you think you are affected you should not drive or operate machinery until you feel better.

Storage :

Store at a temperature not exceeding 25°C.
protect from light & moisture.

Keep all medicines out of reach of children.

PRESENTATION : Vitamin C is available in pack of 20 x 15 Tablets

Marketed by:



**AMERICAN
REMEDIES**
Care & Cure with Research

American Remedies Healthcare Pvt. Ltd.
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